



# Mount Vernon

INTERNAL MEDICINE

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**REASON FOR VISIT:**

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**MEDICATIONS SUPPLEMENTS AND VITAMINS: (Please list the name, dosage and frequency of current medications)**

	MEDICATION	DOSAGE	FREQUENCY ( HOW OFTEN)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			

Patient brought in Medication List

Patient brought in Medications

**Allergies:** \_\_\_\_\_

**Patient Name:** \_\_\_\_\_ **Date of Birth** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**PAST MEDICAL HISTORY: (Please check box and put date diagnosed)**

- High Blood Pressure \_\_\_\_\_      Arthritis \_\_\_\_\_      Thyroid Disease (please specify) \_\_\_\_\_  
 High Cholesterol \_\_\_\_\_      Kidney Disease \_\_\_\_\_      Heart Disease (please specify) \_\_\_\_\_  
 Diabetes \_\_\_\_\_      Asthmas \_\_\_\_\_      Cancer (please specify) \_\_\_\_\_  
 Stroke \_\_\_\_\_      Osteoporosis \_\_\_\_\_      Clotting disorder (please specify) \_\_\_\_\_  
 Other: \_\_\_\_\_

**PAST SURGICAL HISTORY: (Please list any surgical procedures, hospitalizations and their dates)**

NAME	DATE

**SOCIAL HISTORY**

- Do you currently smoke or chew tobacco?    Yes    No                      Do you currently drink alcohol?    Yes    No  
 If yes, how long have you smoked? \_\_\_\_\_                      How much do you drink? \_\_\_\_\_  
 How much do you smoke per day? \_\_\_\_\_                      Do you feel like you need to cut back? \_\_\_\_\_  
 If you smoked previously, how long did you smoke, how much per day and when did you quit?  
 \_\_\_\_\_  
 Do you exercise regularly?    Yes    No    If yes, how often and for how long do you exercise? \_\_\_\_\_  
 Have you used illicit drugs?    Yes    No    If yes, what have you used? \_\_\_\_\_  
 Do you desire STD Screening?    Yes    No

**FAMILY HISTORY (Please list below blood relatives that have a history of the following:)**

Established patients Add only new changes in last 12 - 18 months

( <input checked="" type="checkbox"/> boxes that apply)	Living	Deceased	Age / Age at Death	Stroke	Hypertension	Kidney Disease	Heart Disease	Diabetes	Cancer	Type of Cancer	Other (Please list)
Mother											
Father											
Siblings											
Grandmothers	Maternal										
	Paternal										
Grandfathers	Maternal										
	Paternal										
Children											

Patient Name: \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**PLEASE FILL IN DATE OF YOUR LAST:**

Colonoscopy/Cologuard		Flu shot (Regular/High Dose)		Pneumonia shot (Pneumovax 23)	
Mammogram		Tetanus shot		COVID shot	
Bone Density		Shingrix shot			
Pap Smear		Pneumonia shot (Pneumovax 23)			
First day of last menstrual cycle:		Pneumonia shot (Pneumovax 20)			

**REVIEW OF SYSTEMS (Please circle all that apply within the last 30 days)**

**GENERAL**

- Weight Change
- Fever
- Fatigue
- Difficulty Sleeping

**Head & Neck**

- Visual Changes (Not Glasses)
- Double Vision
- Sinus Problems
- Trouble Hearing
- Ringing in Ears
- Hoarseness
- Persistent sore throat
- Mouth Sores
- Swollen Glands (frequent)

**RESPIRATORY/LUNGS**

- Stop breathing during sleep
- Shortness of breath
- Wheezing
- Coughing up blood
- Snoring

**Heart/Vascular**

- Chest pain/tightness
- Irregular rapid heart beat
- Ankle swelling

**STOMACH/BOWEL**

- Black/Bloody Stools
- Nausea/Vomiting (Frequent)
- Frequent Heart Burn/Acid (GERD)
- Abdominal pain
- Diarrhea (Frequent)
- Constipation
- Difficulty swallowing
- Vomiting blood

**KIDNEY/BLADDER**

- Urinary Incontinence
- Urinary hesitancy
- Frequent urination
- Urinary urgency
- Painful urination/dysuria

**REPRODUCTION**

- Inability to have an erection
- Painful Intercourse
- Decreased sexual desire
- Sexually Transmitted Diseases

**WOMEN**

- Breast pain/lumps
- Frequent sweats/Hot flashes
- Menopause
- Menstrual problems
- Pelvic Pain
- Pregnancy problems
- Vaginal discharge

**SKELETAL**

- Back pain (major)
- Neck pain (major)
- Joints swelling/Stiffness
- Left leg pain
- Right leg pain

**NEURO**

- Numbness or tingling
- Severe frequent headaches
- Forgetfulness/Confusion
- Weakness
- Headache

**SKIN & HAIR PROBLEMS**

- Changes in hair/hair loss
- Persistent rash
- Changes in moles

**PSYCH/SOCIAL**

- Feeling blue/discouraged
- High anxiety/stress